

Curriculum Overview: Sports Studies

Term / Length of Unit	Outline	Assessment	Resources	Knowledge/Skills End Points	Homework	Reading and Literacy
R185: Performance and Leadership in Sports Activities (Coursework)						
	Topic Area 1: Key Components of performance	Practical performance assessment Logbook of participation x2	PowerPoints Individual Log of Performance sheet for both sports.	<ul style="list-style-type: none"> Perform in 2 selected activities. Participate in making appropriate use of tactics, strategies, compositional ideas, and creativity in performance. 	Complete practical logbook of participation for 2 sports. Complete training log for main sport.	Subject Specific Words: Participate, compositional, strategies, tactics, decision-making. Academic Vocabulary: Describe, Evaluate, Plan, Discuss, Develop, Justify, Function
	Topic Area 2: Applying practice methods to support improvement in a sporting activity	Essay Training Logbook Completion	PowerPoints Work Book	<ul style="list-style-type: none"> Review the strengths and weaknesses of performance. Use methods to improve performance. Measure improvement in performance 	Identify all training sessions and drills completed Any supporting evidence from completing activity outside of school.	Subject Specific Words: Strength, weakness, evaluate, skills, tactics, techniques, review. Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify
	Topic Area 3: Organising and planning a sports activity session	Risk Assessment Emergency Procedures Lesson Plan	Course documentation for assessment PowerPoint Work Book	<ul style="list-style-type: none"> Understand how to organise a sports activity session Understand safety considerations when planning a sports activity session Set objectives to meet the needs of the group 	N/A	Subject Specific Words: Risk, Timing, Coaching, Practice, Delivery Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify

	Topic Area 4: Delivering a sports activity session	Delivery of practical session	Any Practical equipment to deliver the session	<ul style="list-style-type: none"> Organise a sports activity session. Deliver a sports activity session 	N/A	Subject Specific Words: Risk, Leadership, Timings, Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify
	Topic Area 5: Reviewing own performance in planning and delivery of a sports activity session	Essay	PowerPoint	<ul style="list-style-type: none"> Review your leadership of a sports activity session 	N/A	Subject Specific Words: Organisation, structure, methods, reasoning, strengths, weaknesses. Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify

R186: Sport and the Media (Coursework)

	Topic Area 1: The different sources of media that cover sport	Essay	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> Demonstrate understanding of the different media sources relevant to an actual club or chosen sport. Provide links to different media sources and provide examples of how media might be used to promote to a club's spectators. Give recommendations of the media sources that would be of most benefit to a club 	HL Booklet 1	Subject Specific Words: Satellite, Subscription, PPV, Blog, Vlog, Digital, DAB, Local/National Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify
	Topic Area 2: Positive Effects of the media in sport	Essay	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> Demonstrate knowledge of the positive impacts of the media for a club or sport Provide examples that demonstrate evaluation of the relationship between a sporting activity and the media. Provide recommendations of the media sources a club or sport should spend funding on. 	HL Booklet 2	Subject Specific Words: Education, Revenue, Exposure, commodity, promotion, interdependency Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify

	Topic Area 3: Negative Effects of the media in sport	Essay	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> • Demonstrate knowledge of the negative impacts of the media for a chosen sporting activity. • Provide reference to the ethical issues surrounding the use of media for a chosen sporting activity. • Provide local and national examples that demonstrate knowledge covering spectators and participants for a chosen sporting activity. 	HL Booklet 3	Subject Specific Words: Growth, ethical, sponsors, behaviour, rejection, Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify
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R184: Contemporary Issues in Sport (EXAM)

	Topic Area 1: Issues which affect participation	Exam Questions Workbook tasks	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> • Know the user groups that participate in the physical activity or sport. • Know and understand the possible barriers which affect participation in sport. • Know and understand the possible solutions to the barriers which affect participation • Know and understand the factors which can positively and negatively impact upon the popularity of sport in the UK • Know and understand the growth of emerging/new sports in the UK 	HL Booklet 1	Subject Specific Words: Participation, Barriers, User Groups, Gender, Stereotyping, Role Model, Ethnicity, Awareness, Provision, Income, Dependents Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify, Suggest,
	Topic Area 2: The role of sport in promoting values	Exam Questions Workbook tasks	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> • Know and understand sport values. • Know the Olympic and Paralympic movement. • Know and understand sporting values initiatives and campaigns. • Know and understand the importance of etiquette and sporting behaviour. • Know and understand the use of performance enhancing drugs (PEDs) in sport. 	HL Booklet 2	Subject Specific Words: Olympic Creed, Paralympic, Values, initiatives, Etiquette, Sportsmanship, Gamesmanship, PEDs Academic Vocabulary: Discuss, Delivery, Evaluate, Justify, Implement, Identify, Suggest,

	Topic Area 3: The implications of hosting a major sporting event for a city or county	Exam Questions Workbook tasks	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> Know and understand the features of a major sporting event. Know and understand the positive and negative pre-event aspects of hosting a major sporting event. Know and understand potential positive and negative aspects of hosting a major sporting event, 	HL Booklet 3	<u>Subject Specific Words:</u> Sponsorship, Venue, Recurring, Regular, Infrastructure, Taxation, Tourism, Legacy, Grassroots <u>Academic Vocabulary:</u> Discuss, Delivery, Evaluate, Justify, Implement, Identify, Suggest,
	Topic Area 4: The role NGB play in the development of their sport	Exam Questions Workbook tasks	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> Know and understand National Governing bodies 	HL Booklet 4	<u>Subject Specific Words:</u> Sports Councils, NGB's, Pathways, Safeguarding, Insurance. <u>Academic Vocabulary:</u> Discuss, Delivery, Evaluate, Justify, Implement, Identify, Suggest,
	Topic Area 5: The use of technology in sport.	Exam Questions Workbook tasks	PowerPoints Work Booklets YouTube Websites linked to sport	<ul style="list-style-type: none"> Know and understand the role of technology in sport. Know and understand the positive and negative effects of the use of technology in sport. 	HL Booklet 5	<u>Subject Specific Words:</u> Optimum, Drag, Technique, Prosthetics, TMO, Hawkeye, Hotspot, <u>Academic Vocabulary:</u> Discuss, Delivery, Evaluate, Justify, Implement, Identify, Suggest,