

KS3 Curriculum Overview: Rugby

Term / Length of Unit	Outline	Assessment	Resources	Knowledge/Skills End Points	Assessment End Point	Reading and Literacy
Year 7 (6 lessons)	<p>Outwitting an opponent: Pupils will develop the ability to outwit opponents and teams using strategies and tactics.</p> <p>Developing Physical and Mental Capacity Physical warm ups aid as a useful fitness tool in developing a pupils physical capacity.</p> <p>Developing Skills/Performance Pupils will learn to use basic principles of play when selecting and applying tactics for defending and attacking</p> <p>Making and Applying Decisions Pupils will learn to identify and recognise similarities in principles of attack and defence.</p>	<p>Assessment will be carried out at end of the activity block. Students will be graded in line with GCSE assessment criteria. Scores to be inputted into tracker at the end of each activity block.</p> <p>Maximum score of 15* in year 7. *Exceptional students may exceed this mark after consultation with other department members.</p>	<ul style="list-style-type: none"> ➤ Rugby balls (size 4) ➤ balls 4) ➤ bibs or bands ➤ markers, cones and goals ➤ grid areas ➤ mini-pitches 	<ol style="list-style-type: none"> 1. Developing Physical Literacy. (Running, Jumping, Coordination & Body Control) 2. Execution of core skills (Passing, Receiving & Tackling) 3. Outwitting Opponents in a competitive game situation 4. Develop knowledge of the game rules. 	<p>Able to demonstrate the core skills of passing, receiving the ball and tackling. Start to develop the knowledge of rules of the game and apply skills to a competitive situation.</p>	<p>Subject Specific Words:</p> <ul style="list-style-type: none"> -pass /catch -tackle - defence - ring of steal -attack - man to man - ruck presentation <p>Academic vocabulary:</p> <ul style="list-style-type: none"> -teamwork -communication -leadership -core skills -technique

	<p>Making Informed Choices About Healthy, Active Lifestyle Suggest any rugby clubs within the school timetable and promote community links.</p> <p>Evaluating and Improving To understand the concept of games activities and make effective evaluations of strengths and weaknesses in performance</p>					
<p>Year 8 (6 lessons)</p>	<p>Outwitting an opponent: Pupils will further develop the ability to outwit opponents and teams using strategies for attack.</p> <p>Developing Physical & Mental Capacity Develop ability to complete physical warm ups based around rugby to help develop pupil's physical capacity.</p>	<p>Assessment will be carried out at end of the activity block. Students will be graded in line with GCSE assessment criteria. Scores to be inputted into tracker at the end of each activity block. <i>Maximum score of 20* in year 8.</i> <i>*Exceptional students may exceed this mark after consultation with other department members.</i></p>	<ul style="list-style-type: none"> ➤ Rugby balls (size 4) ➤ Bibs or bands ➤ Markers, cones and goals ➤ Grid areas ➤ Mini-pitches 	<ol style="list-style-type: none"> 1.Replication of core skills (Passing, receiving, tackling & kicking) 2. Outwitting Opponents in attacking phases of play 3.Understanding of rules & importance of teamwork & cooperation 4.Development of decision making/problem solving capacity 	<p>Developing attacking and defending strategies, replicating techniques required in competitive games. Development of the ability to perform and influence a game or pressurised situation. to outwit the opposition including set running moves and defensive formation, Kicking.</p>	<p>Academic vocabulary: Rules and regulation (laws) Outwitting organisation decision making</p> <p>Subject Specific Words: Gain line sidestep Draw and pass Guards Grubber Punt</p>

	<p>Development & Replication of Skills Pupils will further develop the fundamental principles of play when replicating core skills and movement needed.</p> <p>Problem Solving, Challenges & Making Decisions Pupils will be encouraged to devise new strategies to beat and outwit opponents</p> <p>Making Informed Choices About Healthy, Active Lifestyle Pupils will learn to prepare for and recover from exercise safely and effectively and to know the principles used.</p> <p>Evaluating and Improving To develop observation skills on peer performances, skills and techniques as well as observing the use of tactics</p>				Rules - offside more detail.	
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<p>Year 9 (6 lessons)</p>	<p>Outwitting an opponent: Pupils will further develop the ability to outwit opponents and teams using strategies and tactics.</p> <p>Developing Physical and Mental Capacity Discuss rules and differences between rugby league & union</p> <p>Making and Applying Decisions Opportunities to referee/coach pupils or small groups will develop communication and decision making skills.</p> <p>Developing Skills/Performance Pupils will further develop the fundamental principles of play when selecting and applying tactics for defending and attacking.</p> <p>Developing Physical and Mental Capacity</p>	<p>Assessment will be carried out at end of the activity block. Students will be graded in line with GCSE assessment criteria. Scores to be inputted into tracker at the end of each activity block. Maximum score of 25* in year 9. *Exceptional students may exceed this mark after consultation with other department members.</p>	<ul style="list-style-type: none"> ➤ Rugby balls (size 4) ➤ Bibs or bands ➤ Markers, cones and goals ➤ Grid areas ➤ Mini-pitches 	<ol style="list-style-type: none"> 1. Possession and attack development 2. Replication of advanced skills (Passing variations, Tackling and Rucking) 3. Understanding of ways to create scoring opportunities and implementation of rules. 4. Developing Reflective learners/Creative thinkers/Self managers 		<p>Academic vocabulary:</p> <p>Strategy Problem solving</p> <p>Subject Specific Words: Overload Miss pass Scissor Loop snipe Guard/body guard</p>
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Discuss rules and differences between rugby league & union.

Making Informed Choices About Healthy, Active Lifestyle

Pupils will learn to prepare for and recover from exercise safely and effectively and to know the principles used

Evaluating and Improving

Be able to understand the concept of rugby and make effective evaluations of strengths and weaknesses of performance