





Before 8:50am breakfast is available to the value of £1.50 each day. Students could choose any of the following combinations:

#### Breakfast

- Pain au chocolat and a small bottle of water £1.50
- A sausage roll £1.20
- A waffle and a small bottle of water £1.40
- A pain au chocolat and a piece of fruit £1.25

Alternatively, students could purchase two small bottles of water, or a larger drink using the £1.50. This would allow them the full use of their £2.35 at break or lunch.

### **Break and Lunch**

Students receive a £2.35 allowance each day. This can be used at break or at lunch. It could also be used across both break and lunch on the same day.

- A bagel and a flapjack £2.25
- A pizza and a cookie £1.73
- A sausage roll and wedges £2.30
- A bagel and a piece of fruit £2.10

## At lunch we offer various Meal of the Day options all costing £2.35

- The meal deal consists of the main meal of the day with vegetables or salad, plus any homemade cake or cold dessert pot.
- **Street food deal** consists of hot pasta, rice or noodle pot of the day with vegetables or salad, plus any homemade biscuit or cookie, as well as a 125ml Radnor fruits drink.
- Jacket or wrap deal consists of any jacket potato with 2 fillings or any hot wrap and salad, plus any cold dessert pot and a 125ml Radnor fruits drink.

In addition to these deals, students could also use their allowance to purchase any of the following meal options at lunch (these change weekly):

- Traditional pork sausages, creamy mash and onion gravy £2.00
- Chicken milanese with spaghetti and tomato ragu £2.00
- Bao buns with spiced cauliflower £1.75
- Salmon fillet finger wrap £2.20
- Choice of two curries every Thursday, one meat £2.10 and one vegan £1.95

# **Frequently asked questions:**

### If my child doesn't spend their allowance does it carry on to the next day?

Free school meal allowance is only for that day and is not cumulative. As a college we have increased our allowance by contributing the £1.50 breakfast club. This must be used before 8:50am otherwise it is removed to allow for the £2.35 allowance.

### Does my child have to spend all of the money at once?

The free school meal allowance can be spent at break, lunch or across both social times on the same day.

### What are the best ways to spend the free school meals allowance?

We would recommend that if your child is on site before 8:50 that they maximise their free school meal allowance by possibly spending their £1.50 to purchase a drink or a snack that could be kept for break.

Alternatively, if they regularly use a refillable water bottle, this would allow them to fill this up for free and then be able to use their full allowance on items listed above and not need to purchase additional drinks.

If you have any questions or queries please feel free to contact us at the college